

Unit 1 Old Legions Place, Perth Y Dion, Resolven, SA11 4NJ



# Day Activities Client Information (v1)

# About Fair Ways Outdoor Adventures

Fair Ways Outdoor Adventures, the Trading Name of Fair Ways Care Wales Operation Ltd ("the Company"), provides a wide range of innovative outdoor education services mainly to the Youth and Education sectors.

Our services include Activity Camps, The Duke of Edinburgh's Award Expeditions, Teambuilding and Adventurous Activity days, Geography Field Trips and Environmental education sessions.

We pride ourselves in providing a high quality bespoke outdoor education solution to all our clients. To help meet this aim we use modern equipment and experienced activity instructors.

Fair Ways Outdoor Adventures have the required licences to run adventurous activities, as well additional / voluntary memberships, to help ensure we provide safe and engaging events and activities to your young persons.

Working with Fair Ways Community Benefit Society, any profits are used to provide outdoor education and adventurous activities to young persons within the care sector.

Fair Ways Outdoor Adventures offer the following activities as a mix of full or half day sessions.

☑ Climbing	☑ Abseiling
☑ Gorge walking	☑ Kayaking
☑ Bushcraft	Image: Team building / problem solving
☑ Coasteering	🗹 Mountain walk
Coracle / Raft Build	☑ Canoeing













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Protected



### **Climbing and or Abseiling**

This exhilarating activity will see you climbing outdoors on real rock. Sessions are run at Morlais Quarry, which has fantastic views and has climbing suitable for all abilities. Depending on time sessions may also include the chance to Abseil. Groups will have a chance to belay each other and will learn how to provide safety for each other under the guidance of our instructors. These sessions are suitable for aged 8 upwards. Sessions is best enjoyed from March to October.



### Gorge walking

This wet and wild activity will see you climbing, swimming, and jumping your way up the gorge, following the ancient river to the gunpowder works! This activity takes pace in Pontneddfechan and is suitable for all physically active persons aged 10 and above. Wetsuits, helmets, and buoyancy aid are provided. Expected to get wet! Although available all year round this activity is best enjoyed from March to October.



Learn how to survive in the wild! Our engaging and practical bush craft sessions include fire lighting, cooking, water traps and survival shelter building. The sessions can be run all year round and are suitable for aged 8 upwards.



Take on our ultimate challenge and swim, climb and jump along the Welsh coastline. This high adrenaline, wet suited wet and wild activity leave memories for a lifetime. Activity is dependent on the tide and weather and best run from March – November. Best suited to those aged 12 plus who are water confident. Sessions will be targeted at age group (or youngest member) and we offer a rock hop and coasteer to younger years.



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### Coracle / Raft Build

This is our raft building activity with a Welsh Twist. This activity can be delivered as part of a team building day or added to our canoeing or kayaking session to make a full day. The activity requires groups to work in small teams to lash together a structure, as well as master their balance skills! Activity is available all year round at a variety of locations and is most suitable for groups aged 14 and above.



### Kayaking

This fun and engaging activity uses single person kayaks and offers a high chance of getting wet. Our sessions include skill teaching, games, and a journey, and are suitable for mobile persons aged 8 upwards. Kayak sessions are run on reservoirs or canals and are available from March to October.

## Team building / problem solving

These sessions are deigned to help individuals develop leadership and teamwork as they take on the challenges and solve the problems to succeed as a team. Activities are targeted at specific age ranges and therefor this activity is suitable for all ages and abilities. Session includes enjoyable team building activities, such as spiders web and skis, as well as some developed by our company.

### Mountain walk

Explore the highest mountains in South Wales or learn to navigate in the valleys around where you are staying. Each walk can be targeted to the group's physical capabilities and the length of session. This activity is suitable for all ages and fitness levels and can be run whenever there is not snow on the ground!







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### Canoeing

This is a more sedate water sport with a reduced chance of getting wet, however you can always opt to partake in games that will increase the risk of getting wet. Our 2 / 3 seat Open Canoe sessions are run on reservoirs or canals and can be run all year round with stunning views of Pen y Fan. Canoeing is suitable for all ages from 6 upwards.



# **Tunnel Walk**

This activity allows you to follow the historic footsteps of the railroad engineers of the 18c. Enjoy a walk through the mountains before heading into the mountain side to take on the challenge of walking through the tunnel without a light. This session makes an ideal bolt on to another half day activity, or adds additional excitement to a mountain day, and can be enjoyed all year round by all ages.





# **Activity Session Costs**

You will be charged pay for each participating person including adult leaders. Please contact us for prices for smaller groups.

HALF DAY ACTIVITIES	S - 1 to 12 persons in a	a group (price per grou	p)
Climbing (from £30 pp)			£360
Gorge Walking (from £40 pp)		£480	
Canoeing (from £33 pp)		£396	
Coasteering (from £40 pp)		£480	
FULL DAY ACTIVITIES	6 - 1 to 12 persons in a	group (price per grou	p)
Mountain Walk (from £25 pp)			£300
Climbing and abseiling (from £40 pp)			£480
- GOOD VALUE 2 activities provided to tl	Multi ACTIVITY DAYS he same group on the		person
Climbing and Canoeing (from £45 pp)		£540	
Team Building, or Coracle Build, or tunnel walk and Canoeing (from £40 pp)		£480	
Kayaking and Canoeing, or Coracle Build (from £45 pp)		£540	
BEST VALUE – MULTI DAN 3+ activities over multiple days Contact us to discuss your ac	s or 2 activities over 1 tivity preference and	day, Priced per person allow us to plan the pr	per activity ogramme
	2 hours	Half day	Full Day
Climbing	-	£26	£38
Canoeing	£24	£30	-
Kayaking	£24	£33	-
Gorge walking	-	£40	£48
Mountain walk	-	-	£25
Team Building / Coracle build / Bushcraft	£20	£25	-
Tunnel walk & Team building	-	£25	-
Coasteering		£40	£48

**VAT:** Prices stated include Vat.



### Poor weather plan / Programme changes:

**Poor weather plan / Programme changes:** Wherever it is safe to do so, we operate a 'business as usual' policy, but some activities can be adversely affected by the weather.

*On the Day:* Very occasionally activities may have to be stopped or amended during the session. Our instructors make the final decision regarding the safety and running of activities, and their decisions are final. An alternative activity will be organised based on the constraints of the location, and you will be charged the cost of the alternative activity if this is cheaper option.

*In advance:* Where a predictable influence will affect your activity, such as staff illness or weather, the group leader will be contacted, and an alternative activity (or date) agreed. Where this is not possible a refund will be offered.

Alternative options will, wherever possible, have the same challenge and sense of adventure as those they replace but, on occasion an indoor less adventurous option may be more appropriate.

**Programme changes:** The activity / programme may be subject to change during the event. Issues including behaviour, physical capability, Instructor absence / illness, and the weather may all cause the programme to be altered.

**Equipment:** Specialist equipment is provided but all participants are required to have the basic personal equipment as detailed on the equipment list. Provided. We reserve the right to stop any ill-equipped person from participating in any activity, or change the activity for the entire group, if we believe that the equipment available will affect the safety of the session.

Changes made in line with the policy outlined in this section will not be considered a breach of contract.

**Staffing ratios:** We staff all our events in line with best practice / national governing body advice to provide supported and safe activities. Staffing ratios may vary between activities, and will depend on the venue, staff qualifications, and the other support mechanisms in place. Activities will normally be based on a ratio of 1 instructor to 12 clients land-based activities, and 1 instructor to 8 clients for water activities. Where required groups may be split, or additional instructors brought in to work with the larger group.

One adult from your organisation should accompany each group on activities provided by Fair Ways Outdoor Activity staff.



### Equipment Lists:

- ☑ All specialist activity equipment is provided
- ☑ Footwear and waterproofs are not considered specialist equipment and should be provided by participants.

Participants should bring all items listed as, being ill equipped may ruin the enjoyment of the expeditions or result in a safety issue. Just because the expedition is in the summer's does not mean that hats, gloves and warm coat are not needed on a windy mountain day!

Items indicated in *italics* may be required to safely participate in the activities. All participants are required to have the basic personal equipment on the equipment list below. We reserve the right to stop any ill-equipped person(s) from participating in the expeditions/activity without refund.

**Seasonal variation to equipment required:** You will need to adjust the lists above for seasonal variations in temperatures and for the weather forecast.

- *Hot Weather*: It is essential that you bring sun hat, sunglasses, and sun cream.
- ☑ *Cold Weather:* It is essential that you bring warm hat, gloves, and an additional warm top.
- ☑ *Wet Weather:* It is essential that you bring full set of waterproofs, and a set of spare dry clothes to change into after the activity.

Equipment list climbing an	d /or climbing		
You wear: ☑ Suitable outdoor clothing for the weather on the day. Note: Trousers are better than shorts at protecting skin from abrasion on the rock /harness	You bring: ☑ Warm top ☑ Personal Medication ☑ Food and drink ☑ Items listed in the seasonal equipment notes (above)	We Provide:☑Climbing harness☑Climbing Helmet☑Ropes etc	Your footwear: ☑ Well-fitting trainers or ☑ Boots Note: Lace ups are better than Velcro
Gorge walking			
You wear: ☑ Suitable outdoor clothing for the weather on the day. Note: you will change into wetsuit on arrival, so we recommend wearing your swimwear under your clothing.	<ul> <li>You bring:</li> <li>☑ Large towel for changing / drying</li> <li>☑ Personal Medication</li> <li>☑ Spare clothes as required (socks and underwear etc.)</li> <li>☑ Extra warm clothes to change into afterwards</li> <li>☑ Food and drink</li> <li>☑ Items listed in the seasonal equipment notes (above)</li> </ul>	We Provide: ☑ Wetsuit ☑ Buoyancy aid ☑ Helmet	<ul> <li>Your footwear:</li> <li>☑ Walking boots or</li> <li>☑ Old Trainers</li> <li>❖ Not Wellies (see footwear notes below)</li> <li>Note: You will need shoes to wear to/from the activity and shoes to wear during the activity which will get wet.</li> </ul>



Bushcraft			
You wear: ☑ Suitable outdoor clothing for the weather on the day. Notes: Trousers and long-sleeved top. Fire resistant fabrics are desirable. Clothes will get muddy and smell of smoke.	You bring: ☑ Warm top ☑ Water and food ☑ Personal Medication ☑ Items listed in the seasonal equipment notes (above)	We Provide: Activity equipment	Your footwear: ☑ Walking boots ☑ Wellies ☑ Trainers (see footwear notes below)
Coasteering	l	l	
You wear: ☑ Suitable outdoor clothing for the weather on the day. Note: you will change into wetsuit on arrival, so we recommend wearing your swimwear under your clothing.	<ul> <li>You bring:</li> <li>☑ Large towel for changing / drying</li> <li>☑ Personal Medication</li> <li>☑ Spare clothes as required (socks and underwear etc.)</li> <li>☑ Extra warm clothes to change into afterwards</li> <li>☑ Food and drink</li> <li>☑ Items listed in the seasonal equipment notes (above)</li> </ul>	We Provide: ☑ Wetsuit ☑ Helmet ☑ Buoyancy Aid	Your footwear: ☑ Walking boots or ☑ Old Trainers ❖ Not Wellies (see footwear notes below) Note: You will need shoes to wear to/from the activity and shoes to wear during the activity which will get wet.
Coracle / Raft Build	l	l	
You wear: ☑ Suitable outdoor clothing for the weather on the day which you don't mind getting wet	<ul> <li>You bring:</li> <li>☑ Large towel for changing / drying</li> <li>☑ Personal Medication</li> <li>☑ Complete set of clothes to change into if you get wet (inc socks and underwear)</li> <li>☑ Warm top</li> <li>☑ Food and drink</li> <li>☑ Items listed in the seasonal equipment notes (above)</li> </ul>	We Provide:         ☑       Buoyancy Aid         ☑       Paddle         ☑       Activity         equipment	Your footwear: ☑ Old Trainers (see footwear notes below) Note: You will need shoes to wear during the activity (which may get wet) and shoes to wear during after the activity.



Kayaking			
You wear:	You bring:	We Provide:	Your footwear:
Suitable outdoor clothing for the weather on the day which you don't mind getting wet	<ul> <li>Large towel for changing / drying</li> <li>Personal Medication</li> <li>Complete set of clothes to change into if you get wet (inc. socks and underwear)</li> <li>Warm top</li> <li>Food and drink</li> </ul>	<ul> <li>✓ Helmet</li> <li>✓ Buoyancy Aid</li> <li>✓ Kayak / Paddle</li> <li>✓ Wetsuit (winter only)</li> </ul>	<ul> <li>✓ Old Trainers (see footwear notes below)</li> </ul>
Team building / problem s	solving		
You wear:	You bring:	We Provide:	Your footwear:
<ul> <li>Suitable outdoor clothing for the weather on the day.</li> <li>Notes: Trousers are preferable to shorts or skirts. Clothes will get muddy.</li> </ul>	<ul> <li>✓ Warm top</li> <li>✓ Water and food</li> <li>✓ Personal Medication</li> <li>✓ Items listed in the seasonal equipment notes (above)</li> </ul>	✓ Activity equipment	<ul> <li>☑ Walking boots</li> <li>☑ Wellies</li> <li>☑ Trainers</li> <li>(see footwear notes below)</li> </ul>
Mountain walk			
You wear:	You bring:	We Provide:	Your footwear:
<ul> <li>Suitable outdoor clothing for the weather on the day.</li> <li>Note Avoid wearing cotton, hoodies, jeans and joggers, especially in the wet.</li> </ul>	<ul> <li>Warm Top</li> <li>Waterproof layers (required all weathers)</li> <li>Water and food</li> <li>Personal Medication</li> <li>Items listed in the seasonal equipment notes (above)</li> </ul>	☑ Activity equipment	☑ Walking boots (see footwear notes below)
Canoeing	-		
You wear:	You bring:	We Provide:	Your footwear:
Suitable outdoor clothing for the weather on the day which you don't mind getting wet	<ul> <li>Large towel for changing / drying</li> <li>Personal Medication</li> <li>Complete set of clothes to change into if you get wet (inc. socks and underwear)</li> <li>Warm top</li> <li>Food and drink</li> <li>Items listed in the seasonal equipment notes (above)</li> </ul>	<ul> <li>☑ Helmet</li> <li>☑ Buoyancy Aid</li> <li>☑ Canoe/ Paddle</li> </ul>	☑ Old Trainers (see footwear notes below)

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Tunnel Walk			
You wear:	You bring:	We Provide:	Your footwear:
<ul> <li>Suitable outdoor clothing for the weather on the day.</li> <li>Notes: Trousers are preferable to shorts or skirts. Clothes will get muddy.</li> </ul>	<ul> <li>Warm top</li> <li>Water and food</li> <li>Personal Medication</li> <li>Items listed in the seasonal equipment notes (above)</li> </ul>	☑ Activity equipment	<ul> <li>☑ Walking boots</li> <li>☑ Wellies</li> <li>☑ Trainers</li> <li>(see footwear notes below)</li> </ul>
Equipment notes:			
	supplied. You should ensure you the case of high energy full day h, and additional food.		-
They should also wear clo	encourage participants to wear of thing which they do not mind ge ge to clothing worn during the tri	tting dirty, marked, or dam	-
may be easily damaged in liability for any loss or dar	nal equipment: Attendees shoul an outdoor environment. The c nage to possessions during our e e client's request, or taken by ou	ompany / our staff are una vents, including at times w	ble to accept any here they are carried
Footwear:			
Footwear: The company of open or loose-fitting sliders) at any time. Th	does not recommend the use g footwear (i.e. flip flops or e environment in which we at, dry and hazard free.		
Footwear: The company of open or loose-fitting sliders) at any time. Th	g footwear (i.e. flip flops or e environment in which we at, dry and hazard free.	Suitable	Not Suitable
Footwear: The company of open or loose-fitting sliders) at any time. Th operate is rarely fla For Kayaking, Canoeing, C Coasteering: Water shoes, thin soled w	g footwear (i.e. flip flops or e environment in which we at, dry and hazard free.	Suitable	Not Suitable
<ul> <li>Footwear: The company of open or loose-fitting sliders) at any time. The operate is rarely flat</li> <li>For Kayaking, Canoeing, Coasteering:</li> <li>Water shoes, thin soled we not suitable, due to sharp water.</li> </ul>	g footwear (i.e. flip flops or e environment in which we at, dry and hazard free. Gorge Walking and retsuit boots or wellies are stoney surfaces and moving hoes that attached firmly to	Suitable	Not Suitable
<ul> <li>Footwear: The company of open or loose-fitting sliders) at any time. The operate is rarely flat</li> <li>For Kayaking, Canoeing, Coasteering:</li> <li>Water shoes, thin soled we not suitable, due to sharp water.</li> <li>We require you to wear so your feet and have thick get</li> </ul>	g footwear (i.e. flip flops or e environment in which we at, dry and hazard free. Gorge Walking and retsuit boots or wellies are stoney surfaces and moving hoes that attached firmly to grippy soles such as old	Suitable Suitable Otherwood Otherwood Otherwood Otherwood	Not Suitable



#### **Responsibilities and Service summary:**

#### Fair Ways Outdoor Adventures will:

- Provide the activities booked in line with our risk assessments.
- Provide the activity equipment, other than equipment deemed person items, on the equipment list enclosed.
- Ensure our staff have been DBS checked in line with our company policy.

#### Your organisation is responsible for:

- ☑ Ensuring your group are supervised by adults form your organisation and in line with your procedures throughout the day(s).
- ☑ The safety and well-being of the young people outside of the activities provided by Fair Ways Outdoor Adventures, including all activities arranged / organised by your teachers, with or without our instructor's voluntary help or the use of our equipment.
- ☑ The arrangement, and payment of your transport to and from the event, and between activities as required.
- ☑ For arranging and payment of any costs relating to the transportation and supervision of any participant that opts out, or is removed from the activity, for any reasons.
- ☑ For ensuring the parents / consenting adults for all participants in the group booking are aware of the nature of the activities and specifically the inherent risks of the activities to be undertaken.
- ☑ For collecting the required participant information to ensure that sessions are correctly targeted, and for sharing this information with our instructors at the start of each activity, or in advance where a special requirement will affect the normal provision of the activity.

#### Information & documents to support your trip management:

Copies of all our health and safety documentation can be downloaded by visiting the 'do it online' area of our website. Please click here to access this information on our website Click here These include:

- ☑ Company Insurance certificate
- ☑ Activity risk assessments
- ☑ Copies of relevant licenses
- $\square$  Child protection policy

Public Liability Insurance: Fair Ways Outdoor Adventures have a comprehensive outdoor activity specific insurance policy issued by Activities Industry Mutual (AIM). This provides public liability and product insurance of up to £10 million.

Personal Insurance: Insurance against financial / personal loss resulting from; the of loss of possessions, cancellation due to ill health, injury where there is no fault, or the delay / cancellation of transport arranged by you is not included under our insurance policy. We recommend that all customers ensure they are covered by an adequate insurance policy that covers any losses caused by injury, cancellation by you or loss/damage of personal possessions.



### Making your booking

**How to book:** Contact us to check availability of your dates and to arrange the detail of your activity programme. We will send you an activity information pack for each activity that you have booked. This will include the exact location, a map, and a list of what to bring.

Payment Schedule: You will be asked to make payment in two stages:

- 1. A non-refundable, date holding deposit (where booked 4 months or more in advance of commencement of the event)
  - Due at the time of booking
  - To confirm your dates we charge a holding deposit of £100 per event/activity/course day (including any VAT due)
- 2. Full payment:
  - The balance of the event is normally due 30 days before the event.
  - This payment is based on the minimum number of participants as detailed in this pack, or on the most recent number of attendees provided by you, with any additional places invoiced after the event.

**Refunds for participants who do not attend:** 

No refunds can be made. However, all places are fully transferable to another person.

After we receive the booking form the booking will be subject to the minimum booking number agreed. If you are unlikely to have this number of attendees, then you have two options:

- 1. Pay for the minimum number of places in full and bring fewer participants or.
- 2. Contact us for a redesign and re-costing of the programme. In most cases with a few simple programmes changes we can keep the cost very similar.

At the point of raising the final invoice or 30 days to the event, your event numbers will become fixed at the most recent number reported by email or the minimum booking number, whichever is the larger.

Amendments and errors in this pack: The details in this pack are accurate to the best of our understanding. Where this pack is found to contain an error, or a party wishes to change any detail, the parties should agree the amendment by email. Where a change is made, a new pack will only be issued where it constitutes a fundamental change in the provision, otherwise emails between the parties will stand as a record of these changes.

Acceptance of booking terms and conditions: You can access the terms and conditions related to your booking via this link - Fair Ways Outdoor Adventures Booking Conditions